

# NCO and Soldier of the Quarter Competition

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06 Dec

0530-0600

Accountability formation and in-processing, at TBD (**Essay turn-in**)  
Choose one or the other. 500 words double spaced.

•0600-0700

Army Physical Fitness Test (TBD)

•1000-1300

M4 zero and qualification at Range 7-9

•1300-1430

Warrior Tasks (Vic Air Assault School)

•1500-1700

Air Assault School

•1730-2000

Land Navigation

07 Dec

•0730-0830

Written Test: at G3 Conf

•0900-UTC

Formal Board appearance: at G3 Conf